


1. Когато имаш рак


2. Причини за рака и диагностициране
41st Annual Meeting of the American Society of Clinical Oncology, Orlando, Fla., May 13-17, 2005. Wendy Chen, MD, PhD, instructor in medicine, Harvard Medical School, Dana-Farber Cancer Institute, Boston.

Len Lichtenfeld, MD, deputy chief medical officer, American Cancer Society, Atlanta.


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Диагностициране и скрининг


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3. Силата на профилактиката


Eli, R., and J. A. Fasciano. 2006. An adjunctive preventative treatment for cancer: Ultraviolet light and ginkgo biloba, together with other antioxidants, are a safe and powerful, but largely ignored, treatment option for
Fan, S., et al. 2006. BRCA1 and BRCA2 as molecular targets for phytochemicals indole-3-carbinol and
Folsom, Aaron R., and Ching Ping Hong. 2006. Magnesium intake and reduced risk of colon cancer in a
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Oleic acid, the main monounsaturated fatty acid of olive oil, induces formation of inhibitory “PEA3


Втора част Лечебни практики

4. Да положим здрави основи чрез храната, хранителните добавки и намаляването на стреса


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Научи на живот


Andersen, C, et al. 2006. The effect of a multidimensional exercise programme on symptoms and side-effects


5. Преглед на лечебните подходи

Интегративен подход
American Cancer Society. 2002.


6. Подкрепете тялото си при конвенционално лечение


7. Оздравителна подкрепа след конвенционално лечение

Химиотерапия


Интегративно раково лечение и съмнителни лекове при алтернативно лечение на рак


Трета част Основни функции на организма

8. Имунна система


9. Възпалителни процеси


10. Влиянието на хормоните


11. Инсулинова резистентност


12. Храносмилане и детоксикация


Четвърта част Обзор на раковите заболявания

14. Рак на белите дробове


15. Рак на бъбреците
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16. Рак на главата и шията

17. Рак на главния мозък


18. Рак на дебелото черво
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19. Рак на кожата и меланом


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20. Рак на костите


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22. Рак на матката


23. Рак на млечната жлеза


Slivova, V., et al. 2005. Green tea polyphenols modulate secretion of urokinase plasminogen activator (uPA)


24. Рак на панкреас


25. Рак на пикочния мехур


26. Рак на простатата


Carcinogenesis 45(6):436-42.

27. Сарком (рак на меките тъкани)

28. Рак на стомаха


29. Рак на тестисите


30. Рак на хранопровода


31. Рак на черния дроб


Vijaya, P. V., D. C. S. Arul, and K. M. Ramkuma. 2007. Induction of apoptosis by ginger in HEp-2 cell line is
mediated by reactive oxygen species. Basic Clinical Pharmacology and Toxicology 100(5):302-7.

32. Рак на шийката на матката

33. Рак на щитовидната жлеза
Johns Hopkins Thyroid Tumor Center. How are thyroid nodules discovered? Available at www.thyroid-cancer.net/topics/how+are+thyroid+nodules+discovered (accessed January 4, 2006).
Mayo Clinic Staff. Mayo Clinic thyroid cancer webpage. www.mayoclinic .com/health /thyroid-cancer/
34. Рак на яйчиниците


cytotoxicity by tiazofurin and quercetin in human ovarian carcinoma cells. Life Sciences 64(21):1869-76.

Заключение Бъдещето на онкологията