

БИБЛИОГРАФИЯ И ПРЕПОРЪЧАНА ЛИТЕРАТУРА

БИБЛИОГРАФИЯ И ПРЕПОРЪЧВАНА ЛИТЕРАТУРА ЗА ЧАСТ I

ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА ЗА ЧАСТ I

Leaving It at the Office: A Guide to Psychotherapist Self-Care (Norcross & Guy, 2007) е посветена на 12 стратегии за грижи за себе си, които са подкрепени с емпирични доказателства. Авторите развиват позицията, че грижите за себе си са от съществено значение в личен план и са професионално етични. Това е една от най-полезните книги върху грижите на терапевта за себе си и предотвратяването на професионално прегаряне.

Psychotherapy Relationships That Work: Evidence-based Responsiveness (Norcross, 2011) е всеобхватно обсъждане на ефективните елементи на терапевтичното взаимоотношение. Различни автори обсъждат начини за индивидуализиране на терапевтичното взаимоотношение за отделните клиенти. Представят се последиците от изследванията за ефективната клинична практика.

Ethics Desk Reference for Counselors (Barnett & Johnson, 2010) е практичен наръчник за разбирането и приложението на Етичния кодекс на АСА. Това е справочен източник, който е лесен за четене, интересен и е привлекателен както за студентите, така и за практикуващите.

*The Gift of Therapy: An Open Letter to a New Generation of Therapists and Their Patients*¹ (Yalom, 2003) е изключително четивен, прозорлив и полезен ресурс. Включва 85 кратки глави върху различни теми, които имат отношение към консултанта като човек и професионалист.

ACA Ethical Standards Casebook (Herlihy & Corey, 2006a) съдържа редица полезни клинични случаи, които са пригодени към Етичния кодекс на АСА. Примерите илюстрират и изясняват смисъла и намерението на стандартите.

Boundary Issues in Counseling: Multiple Roles and Responsibilities (Herlihy & Corey, 2006b) поставя в перспектива спора върху множествените отношения. Книгата се фокусира върху двойните взаимоотношения в различни типове трудова среда.

Boundaries in Psychotherapy: Ethical and Clinical Explorations (Zur, 2007) изследва сложната природа на границите в професионалната практика, като предлага процес на вземане на решения, за да помогне на практикуващите да се справят със спектър от теми като подаръци, несексуално докосване, домашни посещения, бартер и себеразкриване от страна на терапевта.

¹ „Дарът на терапията“ на Ъ. Ялом е издадена на български език от издателство „Колибри“ през 2014 г. – Б.пр.

Issues and Ethics in the Helping Professions (Corey, Corey, & Callanan, 2011) е посветена изцяло на въпросите, които бяха въведени накратко в глава 3. Книгата цели да ангажира аудиторията по личен и активен начин и са представени много клинични случаи с открит край, за да помогнат на читателите да формулират своите мисли по широк кръг от етични въпроси.

Becoming a Helper (M. Corey & Corey, 2011) има отделни глави, които разширяват изложението по въпроси, имащи отношение към личния и професионалния живот на представителите на помагащите професии и етичните въпроси в консултативната практика.

Ethics in Action: CD-ROM (Corey, Corey, & Haynes, 2003) е програма за самообучение, разделена на три части: (1) етично вземане на решения, (2) ценности и помагащи взаимоотношения, и (3) въпроси на границите и множествени взаимоотношения. Програмата включва видеоклипове на клинични винетки, демонстриращи етични ситуации, които имат за цел да стимулират обсъждане.

Student Manual for Theory and Practice of Counseling and Psychotherapy (Corey, 2013c) цели да ви помогне да интегрирате теорията и практиката, и да оживи концепциите, представени в тази книга. Състои се от въпросници за изследване на себе си, обзорни обобщения на теориите, речник на ключовите понятия, въпроси за учене, въпроси и проблеми за лично приложение, дейности и упражнения, тестове за проверка на разбирането и примери с клинични случаи. Наръчникът е напълно координиран с учебника, за да се превърне в идеален пътеводител в самостоятелното учене.

Case Approach to Counseling and Psychotherapy (Corey, 2013b) осигурява приложения към клинични случаи на начина, по който представените в тази книга теории работят на практика. Хипотетична клиентка, Рут, е подложена на консултиране от гледна точка на всички терапевтични перспективи.

The Art of Integrative Counseling (Corey, 2013a) е представяне на концепциите и техниките от различни теории за консултирането. Книгата осигурява насоки за читателите за разработването на собствени подходи към консултативната практика.

DVD for Theory and Practice of Counseling and Psychotherapy: The Case of Stan and Lecturettes (Corey, 2013) е интерактивен инструмент за самостоятелно учене, който се състои от две програми. Част 1 включва 13 сесии, в които Джералд Кори консултира Стан, използвайки няколко подбрани техники от всяка теория. Част 2 се състои от кратки лекции от автора върху всяка глава в „Теория и практика на консултирането и психотерапията“. И двете програми подчертават практическите приложения на различните теории.

DVD for Integrative Counseling: The Case of Ruth and Lecturettes (Corey & Haynes, 2013) е интерактивен инструмент за самостоятелно учене, който съдържа видеосегменти и интерактивни въпроси, чиято цел е да учат студентите на начини за работа с клиент (Рут), като разчитат на концепции и техники от различни теоретични подходи. Темите в тази видеопрограма следват темите в книгата *The Art of Integrative Counseling*.

Creating Your Professional Path: Lessons From My Journey (Corey, 2010) е лична книга, която е посветена на спектър от теми, имащи отношение към консултанта като човек и като професионалист. В допълнение на обсъждането от автора на неговото лично и професионално пътуване, 18 автори споделят лични истории за повратните точки в живота си и уроците, които са научили.

The Counselor as Person and Professional (DVD) обсъжда подборно темите от глава 2 и може да се достави от Американската консултативна асоциация. Тази програма е програмна реч, изнесена от Джералд Кори на конференцията на АСА през 2010 г. в Питсбърг.

БИБЛИОГРАФИЯ И ПРЕПОРЪЧВАНА ЛИТЕРАТУРА

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² Книгите и статиите със звездичка отпред се препоръчват като допълнителни четива.

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БИБЛИОГРАФИЯ И ПРЕПОРЪЧВАНА ЛИТЕРАТУРА ЗА ЧАСТ II

ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 4

- Psychoanalytic Theory: An Introduction* (Elliott, 1994) осигурява пълно представяне на психоаналитичните последици за „постмодерните“ теории, подходите на системите и феминистката мисъл.
- Brief Dynamic Therapy* (Levenson, 2010) описва модел на психодинамична терапия, която съответства на реалността на ограничената във времето терапия и очертава стъпките към клинична работа, която е едновременно фокусирана и дълбока. Книгата се занимава с въпроса как психоаналитичните концепции и техники могат да се модифицират, за да са подходящи за потребностите на много клиенти, които не могат да участват в дълговременна терапия.
- Psychodynamic Psychiatry in Clinical Practice* (Gabbard, 2005) предлага отлично представяне на различни психоаналитични перспективи върху граничното и нарцистичното разстройство.
- Object Relations and Self Psychology: An Introduction* (St. Clair, with Wigren, 2004) осигурява обзор и критична оценка на две течения на психоаналитичната теория и практика: теория за обектните отношения и психология на Аза. Особено полезни са главите, обсъждащи подходите на Маргарет Малер, Ото Кернберг и Хайнц Кохут.

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³ Хайнц Кохут (1999). Как лекува анализата? Под редакцията на Арнолд Голдбърг със сътрудничеството на Пол И. Степански. София: ЛИК. – Б.пр.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 5

- Adlerian Therapy: Theory and Practice* (Carlson, Watts, & Maniacci, 2006) представя ясно всеобхватен преглед на Адлеровата терапия в съвременната практика. Има глави, посветени на терапевтичното взаимоотношение, кратката индивидуална терапия, кратката брачна терапия, груповата терапия, игровата терапия и консултирането. В тази книга са изброени видеозаписите на Адлерова терапия, които съществуват.
- Adlerian Counseling and Psychotherapy: A Practitioner's Approach* (Sweeney, 2009) е една от най-пълните книги, писани за широк спектър от Адлерови приложения към терапията и благополучието.
- Adlerian Psychotherapy: An Advanced Approach to Individual Psychology* (Oberst & Stewart, 2003) е актуално и задълбочено представяне на Адлеровия психотерапевтичен процес, включително глави върху семейната терапия и релевантността на този модел за постмодерните подходи.
- Early Recollections: Interpretative Method and Application* (Mosak & Di Pietro, 2006) е всеобхватен обзор на използването на ранните спомени като начин да се разберат динамиката и поведенческият стил на човека. Книгата обсъжда теорията, изследванията и клиничните приложения на ранните спомени.
- Understanding Life-Style: The PsychoClarity Process* (Powers & Griffith, 1987) е полезен източник на информация за провеждането на оценка на начина на живот. Отделните глави се занимават с техниките за интервюиране, оценката на начина на живота, ранните спомени, тсмейната констелация и методите за обобщаване и интерпретиране на информацията.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 6

- Everyday Mysteries: A Handbook of Existential Psychotherapy* (van Deurzen, 2010) осигурява рамка за практикуване на консултирането от екзистенциална гледна точка. Авторът поставя в ясен фокус теми като тревожност, автентичен живот, изясняване на собствения светоглед, определяне на ценностите, откриване на смисъл и приемане на живота.
- Existential Therapies* (Cooper, 2003) представя полезно и ясно въведение в екзистенциалните терапии. Има отделни глави върху логотерапията, британската школа на екзистенциален анализ, американския екзистенциално-хуманистичен подход, измеренията на екзистенциалната терапевтична практика и кратки екзистенциални терапии.
- Existential Psychotherapy* (Yalom, 1980)⁴ превъзходно изложение за базисните човешки притеснения: смърт, свобода, изолация и безсмислие, както са свързани с терапията. Тази книга има дълбочина и яснота, и е богата на клинични примери, които илюстрират екзистенциалните теми.
- Existential-Humanistic Therapy* (Schneider & Krug, 2010) е ясно представяне на теорията и практиката на екзистенциално-хуманистичната терапия. Този подход включва техники от други съвременни терапевтични подходи.

⁴ Ялом, Ъ. (2014). *Екзистенциална психотерапия*. София: Колибри. – Б.пр.

Existential-Integrative Psychotherapy: Guideposts to the Core of Practice (Schneider, 2008) е сборник под редакция, който предлага обзори на съвременните и бъдещите тенденции в екзистенциално-интегративната терапия, както и илюстрации с клинични случаи на този модел.

I Never Knew I Had a Choice (Corey & Corey, 2010) е книга за самопомощ, написана от екзистенциална перспектива. Темите включват нашата борба за постигане на автономия; смисъла на самотата, смъртта и загубата, както и как избираме ценностите и философията си на живота.

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⁵ Франкъл, В. (2013). *Човекът в търсене на смисъл*. Пловдив: Хермес. – Б.пр.

⁶ Франкъл, В. (2001). *Лекарят и душата*. Плевен: Лече Артис. – Б.пр.

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Препоръчвана допълнителна литература към глава 7

- On Becoming a Person* (Rogers, 1961) е един от най-добрите източници за допълнително запознаване с центрираната върху клиента терапия. Това е сборник от статии на Роджърс върху процеса на психотерапия, нейните резултати, терапевтичното взаимоотношение, образованието, семейния живот, общуването и природата на здравия човек.
- A Way of Being* (Rogers, 1980) съдържа поредица от трудове върху личните преживявания и гледна точка на Роджърс, както и глави върху основите и приложенията на центрирания върху човека подход.
- The Creative Connection: Expressive Arts as Healing* (N. Rogers, 1993) е практична, духовна книга, богато украсена с цветни снимки и изпълнена със свежи идеи за стимулиране на творчеството, изразяването на себе си, изцеляването и трансформацията. Натали Роджърс комбинира философията на баща си с експресивните изкуства, за да подпомогне общуването между клиента и терапевта.
- The Life and Work of Carl Rogers* (Kirschenbaum, 2009) категорично е биографията на Карл Роджърс, която проследява живота му от ранното детство до смъртта му. Тази книга илюстрира наследството на Карл Роджърс и показва огромното му влияние върху областта на консултирането и психотерапията.
- Person-Centered Psychotherapies* (Cain, 2010) съдържа разбираема дискусия на центрираната върху човека теория, терапевтичния процес, оценката на подхода и бъдещото развитие.
- Humanistic Psychology: A Clinical Manifesto* (Elkins, 2009) предлага прозорлива критика на медицинския модел на психотерапия и мита за емпирично подкрепената терапия. Авторът призовава за основан на взаимоотношението подход към психотерапията, който може да осигури както индивидуална, така и социална трансформация.

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- Gestalt Therapy Verbatim (Perls, 1969a) provides a firsthand account of the way Fritz Perls worked. It contains many verbatim transcripts of workshop demonstrations.
- Gestalt Therapy: History, Theory, and Practice (Woldt & Toman, 2005) introduces the historical underpinnings and key concepts of Gestalt therapy and features applications of those concepts to therapeutic practice. This is a significant recent publication in the field of Gestalt therapy that contains pedagogical learning activities and experiments, review questions, and photographs of all contributors.
- Gestalt Therapy Integrated: Contours of Theory and Practice (Polster & Polster, 1973) is a classic in the field and an excellent source for those who want a more advanced and theoretical treatment of this model.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 9

Contemporary Behavior Therapy (Spiegler & Guevremont, 2010) е всеобхватно и съвременно изложение на основните принципи и приложения на поведенческите терапии, както и добра дискусия на етичните въпроси. Конкретни глави са посветени на процедурите, които могат полезно да се прилагат към спектър от клиентски популации: поведенческа оценка, моделираща терапия, системна десенситизация, терапии на съприкосновението, когнитивно реструктуриране и когнитивни умения за справяне.

Interviewing and Change Strategies for Helpers (Cormier, Nurius, & Osborn, 2013) е всеобхватен и ясно написан учебник, посветен на обучителните преживявания и развитието на умения. Отличната ми документация предлага на практикуващите богатство от материали на различни теми, например процедури за оценка, подбор на целите, развитие на подходящи програми за терапия и методи за оценка на резултатите.

Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice (O'Donohue & Fisher, 2008) е полезен сборник от кратки глави под редакция, описващи емпирично подкрепени техники за работа с широк спектър от представяни проблеми.

Behavior Therapy (Antony & Roemer, 2011a) предлага полезен и осъвременен обзор на поведенческата терапия.

Behavior Modification: Principles and Procedures (Miltenberger, 2012) е отличен ресурс за по-задълбочено учене на базисните принципи, например подкрепление, погасяване, наказание и процедури за установяване на ново поведение.

Acceptance and Mindfulness in Cognitive Behavior Therapy: Understanding and Applying the New Therapies (Herbert & Forman, 2011) е един от най-добрите ресурси за обсъждане на новото развитие в традицията на поведенческата терапия tradition и бъдещите тенденции на тези терапии.

БИБЛИОГРАФИЯ И ПРЕДЛАГАНА ЛИТЕРАТУРА КЪМ ГЛАВА 9

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 10

- Rational Emotive Behavior Therapy: It Works for Me – It Can Work for You* (Ellis, 2004a) е лична книга, която описва многото предизвикателства, пред които Елис се е изправял през живота си, и как се е справил с тази реалност, прилагайки принципите на рационално-емоционалната поведенческа терапия.
- The Road to Tolerance: The Philosophy of Rational Emotive Behavior Therapy* (Ellis, 2004b) е книга, съпътстваща горната. В тази книга Елис демонстрира, че толерантността е преднамерен, рационален избор, който можем да направим за доброто както на себе си, така и на другите.
- Cognitive Behavior Therapy: Basics and Beyond* (J. Beck, 2011a) е основен текст по когнитивна терапия, който представя всеобхватен обзор на подхода. По-ранно издание на книгата е преведено на 20 езика.
- Cognitive Therapy for Challenging Problems* (J. Beck, 2005) е подробен обзор на процедурите на когнитивната терапия, приложени към клиенти, които представят разнообразни „трудни“ поведение. Книгата представя практическите детайли на когнитивната терапия с различни популации и се цитират важни изследвания върху този вид терапия от зараждането ѝ. Има грави, посветени на теми като терапевтичен съюз, поставяне на цели, структуриране на сесиите, домашна работа, идентифициране на когнициите, модифициране на мислите и представите, на допусканията и на базисните убеждения.
- Cognitive Behavior Therapy: Applying Empirically Supported Techniques in Your Practice* (O'Donohue & Fisher, 2008) е ценен сборник от кратки глави върху прилагането на емпирично подкрепени техники в работата с широк спектър от представени проблеми. Повечето от тези глави могат да се приложат както към индивидуалната, така и към груповата терапия.

¹⁰ Скинър, Б. Ф. (1997). *Отвъд свободата и достойнството*. София: Наука и изкуство. – Б.пр.

Mind Over Mood: Change How You Feel by Changing the Way You Think (Greenberger & Padesky, 1995) осигурява работни листа, които стъпка по стъпка позволяват да се идентифицират настроенията, да се решават проблемите и да се поставят на проверка мислите, свързани с депресията, тревожността, гнева, вината и срама. Това е популярен учебник за самопомощ и ценен инструмент за терапевтите и клиентите, които усвояват уменията на когнитивната терапия.

Clinician's Guide to Mind Over Mood (Padesky & Greenberger, 1995) показва на терапевтите как да интегрират „разума над настроението“ в терапията и да използват терапевтичните протоколи на когнитивната терапия за конкретни диагнози. Този лаконичен обзор на когнитивната терапия има ръководства за „отстраняване на проблеми“, дискусии на свързани с културата въпроси и насоки за индивидуална, брачна и групова терапия.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 11

- Counseling With Choice Theory: The New Reality Therapy* (Glasser, 2001) represents the author's latest thinking about choice theory and develops the existential theme that we choose all of our total behaviors. Case examples demonstrate how choice theory principles can be applied in helping people establish better relationships.
- Reality Therapy* (Wubbolding, 2011a) updates and extends previous publications on choice theory and reality therapy. As a part of the APA theories of psychotherapy series, this is a well-written and comprehensive overview of reality therapy and choice theory.

Case Approach to Counseling and Psychotherapy (Corey, 2013) illustrates how prominent reality therapists Drs. William Glasser and Robert Wubbolding would counsel Ruth from their different perspectives of choice theory and reality therapy.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 12

Feminist Perspectives in Therapy: Empowering Diverse Women (Worell & Remer, 2003) е изключителен текст, който ясно очертава основите на феминистката терапия на овластяването. Книгата покрива спектър от теми, например интегрирането на феминистка и многокултурна перспектива към терапията, промяната на ролите на жените, феминистките становища за консултативната практика, феминистката трансформация на теориите за консултирането и феминисткия подход към оценяването и диагностицирането. Има отлични глави, посветени на депресията, оценяването след сексуално насилие, конфронтиране на малтретирането, избиране на кариерен път и жени от етнически малцинства и лесбийки.

Feminist Theories and Feminist Psychotherapies: Origins, Themes, and Diversity (Enns, 2004) описва широк спектър от феминистките теории, които информират и влияят върху феминистката практика. Книгата включва кратки въпросници за самооценка, целящи да помогнат на читателите да си изяснят своята феминистка теоретична перспектива.

Feminist Therapy (Brown, 2010) осигурява интересна перспектива към историята на феминистката терапия и издига хипотези за бъдещото развитие на подхода. Браун ясно обяснява ключови концепции на феминистката теория и терапевтичния процес.

Introduction to Feminist Therapy: Strategies for Social and Individual Change (Evans, Kincade, & Seem, 2011) подчертава практическите приложения на феминистката теория в клиничната практика. Авторите осигуряват полезна информация за социалната промяна и овластяване, значението на установяването на егалитарно взаимоотношение и стратегиите за интервенция, когато се работи с хора с разнообразен културен произход.

The Healing Connection: How Women Form Relationships in Therapy and Life (Miller & Stiver, 1997) описва как се формират връзките между хората и как това води до силни, здрави личности. Авторите освен това се занимават с разединенията между хората, които водят до тревожност, изолация и депресия.

Women's Growth in Diversity: More Writings From the Stone Center (Jordan, 1997) стъпва на основите, положени от *Women's Growth in Connection* (Jordan et al., 1991). Този труд предлага инсайти по такива въпроси като сексуалност, срам, гняв, депресия, властови отношения между жените и преживявания на жените в терапията.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 13

- Interviewing for Solutions* (De Jong & Berg, 2008) е практичен текст, насочен към преподаването и ученето на фокусирани върху решението умения. Написан е в разговорен и неформален стил, и съдържа много примери, които да утвърдят усвояването на умения.
- Solution-Focused Counseling in Schools* (Murphy, 2008) е ясно написана и практична книга, която предлага ефикасни стратегии за адресиране на широк спектър от проблеми от забавачката до края на гимназията. Многобройни примери с клинични случаи илюстрират основните, задачите и техниките на фокусираното върху решението консултиране. Книгата освен това описва как принципите на насочената към клиента, информирана от резултатите практика може да се интегрира във фокусираното върху решението консултиране.
- Narrative Means to Therapeutic Ends* (White & Epston, 1990) е най-известната книга върху наративната терапия.
- Maps of Narrative Practice* (White, 2007) е последната книга на Майкъл Уайт, която обединява голяма част от работата му в продължение на няколко десетилетия в един достъпен том.
- Narrative Therapy* (Madigan, 2011) осигурява осъвременена дискусия на теорията и терапевтичния процес на наративната терапия.

Narrative Counseling in Schools (Winslade & Monk, 2007) е основен и лесен за четене наръчник за прилагане на концепциите и техниките на наративната терапия в училищна среда.

Narrative Therapy: The Social Construction of Preferred Realities (Freedman & Combs, 1996) е изключително ясно обяснение на основните идеи на наративната терапия. Авторите подчертават ключовите концепции и приложението на конкретни клинични практики. Това е един от най-добрите източници за теорията и практиката на наративната терапия.

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ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 14

- Ethnicity and Family Therapy* (McGoldrick, Giordano, & Garcia-Preto, 2005) е плодотворен труд върху културата в семейната терапия. Авторите правят обзор на значението на културните съображения по отношение на семейната терапия и представят глави върху произхода, изследванията и въпросите на терапията в повече от 15 култури.
- Theory and Practice of Family Therapy and Counseling* (Bitter, 2009b) е задълбочен учебник, който цели да развие личния и професионалния растеж на практикуващите семейна терапия, както и да ориентира читателя в теориите, които изграждат областта на семейната терапия и консултиране.
- Family Therapy: An Overview* (Goldenberg & Goldenberg, 2013) осигурява отличен базисен преглед на тези съвременни перспективи върху семейната терапия.
- Family Therapy: Concepts and Methods* (Nichols, 2013) е базиран на Американската асоциация за брачна и семейна терапия (AAMFT) текст, който представя седем от основните съвременни модели на семейни системи. Последната глава представлява интегриране на ключови теми сред разнообразните подходи към семейната терапия.
- Family Therapy: History, Theory, and Practice* (Gladding, 2010) е обзор на моделите семейна терапия и терапевтичните интервенции, разработени за консултанти, членове на Американската асоциация по консултиране.

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БИБЛИОГРАФИЯ И ПРЕПОРЪЧВАНА ЛИТЕРАТУРА ЗА ЧАСТ III

ПРЕПОРЪЧВАНА ДОПЪЛНИТЕЛНА ЛИТЕРАТУРА КЪМ ГЛАВА 15

- Psychotherapy Integration* (Strieker, 2010) е лаконично представяне на теорията, терапевтичния процес, оценката и бъдещото развитие на интегративните подходи.
- A Casebook of Psychotherapy Integration* (Strieker & Gold, 2006) представя опитни терапевти, които демонстрират как прилагат собствените си интегративни подходи.
- Handbook of Psychotherapy Integration* (Norcross & Goldfried, 2005) е отличен ресурс за концептуалните и историческите перспективи към интегрирането на терапиите. Този том под редакция представя пълна картина на основните съвременни подходи, например теоретична интеграция и технически еklektизъм.
- The Art of Integrative Counseling* (Corey, 2013a) цели да помогне на студентите в развитието на собствен интегративен подход към консултирането. Тази книга е допълнена от DVD към *Integrative Counseling: The Case of Ruth and Lecturettes* (Corey, 2013c).
- Case Approach to Counseling and Psychotherapy* (Corey, 2013b) илюстрира всяка от единадесетте съвременни теории, като ги прилага към един-единствен клиничен случай: Рут. Освен това демонстрирам моя интегративен подход в консултирането на Рут в последната глава. Книгата освен това е замислена да съответства на DVD към *Integrative Counseling: The Case of Ruth and Lecturettes* (Corey, 2013c).
- Integrating Spirituality and Religion into Counseling: A Guide to Competent Practice* (Cashwell & Young, 2011) предлага конкретна перспектива по въпроса, как да се осигурява консултиране по етичен начин, съответстващ на духовните убеждения и практики на клиента. Авторите помагат на практикуващите да развият изпълнено с уважение отношение, което почита светогледа на клиента, и да работят в тази рамка в сътрудничество с клиента, за да се постигнат неговите цели.

БИБЛИОГРАФИЯ И ПРЕДЛАГАНА ЛИТЕРАТУРА КЪМ ГЛАВА 15

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